



## **Action plan regarding use and abuse of alcohol and drugs among students**

This Action plan is in accordance with the alcohol and drug policy of Jönköping University. Narcotics and doping agents are banned drugs which must not be found at Jönköping University.

It is each student's responsibility to be sober and drug-free when in the premises of the University. Consumption of alcohol at Jönköping University is forbidden, except at events with permission to serve wine and spirits or gatherings with special permission from the President or Dean.

Student Health Care shall strive to prevent abuse of alcohol, drugs or other hallucinogenic substances by students. Student Health Care provides advice and support to students with presumed alcohol or drug problems who, either on their own or others' initiative, seek care. In cooperation with the Student Union and with support from the Management of the University, Student Health Care works proactively to curb binge drinking among students. The Student Union shall inform students about the harmful effects of alcohol and other drugs and provide contact details about where to seek help.

It is the responsibility of the separate Schools to inform faculty and students about the current policy and action plans regarding alcohol and drugs as well as about the implications of Section 3:2 in the Instructions for the Disciplinary Committee potentially leading to dismissal.

In case of problems due to use/abuse of alcohol or other drugs, it is crucial to deal with the problems in a swift and prudent manner. This Action plan provides support to achieve this.

### **Emergency measures**

If a student is in a state of intoxication during working hours, he or she shall be sent away from the University. If needed, the student shall be brought home or to a hospital.

All conversations, occurrences, indications of time and decisions must be documented.

It is important to tell the student sent home to come to the school for a follow-up conversation the next day.

It is the responsibility of Student Health Care

to discuss the issue of alcohol consumption with students visiting Student Health Care,

to be a resource for the staff of the University and to be the logical contact in cases where students are suspected of having abuse problems,

to offer supportive dialogue to students at risk of excessive consumption, where appropriate,

to refer to relevant municipal or county council instances.

### Internal agents

The Schools of the University – Working Environment Committees, Joint Action Group

Student Health Care

Jönköping Student Union

External agents

Junepool – Jönköping Municipality

Young People's Health Clinic – Jönköping County Council

The Addiction Unit – Jönköping County Council

Primary Health Care – Jönköping County Council

The Police – Jönköping County